



Blue Ava Ford Publications

International Journal of Trends in English Language and Literature (IJTELL)

An International Peer-Reviewed English Journal; ISSN:2582-8487

Impact Factor: 8.02 (SJIF); www.ijtell.com Volume-6, Issue-2; April-June(2025)

To Be a Woman Is to Perform: The Performance of Femininity in *Ashes and Fire* and *Lady Chatterley's Lover* as a Response to Societal Expectations

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Article Received: 15/05/2025
Published Online: 06/06/2025

Article Accepted: 04/06/2025
DOI:10.53413/IJTELL.2025.6291

Abstract

This paper investigates the idea or concept of femininity as a performance in two novels that examine women's roles within sexual and cultural frameworks: D.H. Lawrence's *Lady Chatterley's Lover* and Vikas Sharma's *Ashes and Fire*. The study explores how the characters of the chosen works deal with their distinct societal expectations, drawing on Judith Butler's theory of performativity. Although the protagonists of both novels question conventional ideas of womanhood, their responses are complex and go beyond the binary opposition of conformity and rebellion.

The study also raises the question of whether women can actually defy social norms or if their resistance is always defined within the parameters of the exact structures they are trying to overthrow. In order to provide a thorough framework for comprehending the complexities of gender roles and women's agency, this paper will apply all four theories—Judith Butler's theory of performativity, Simone de Beauvoir's existential feminism, feminist psychoanalysis, and postcolonial feminist theory—to examine how femininity is being performed in *Ashes and Fire* and *Lady Chatterley's Lover*. This study's main questions are whether the sexual emancipation in both books is actually emancipatory or if it only serves to uphold patriarchal views of women as sexual objects.

Furthermore, it also raises questions like what other ways do the women in these novels perform femininity in their dealings with society as well as in their relationships with men?



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What does this imply about the diversity of identities among women? What does it mean to perform femininity in a world that is continuously redefining it is another question the study poses. Last but not least, is a woman's revolt always structured inside the exact structures she aims to challenge, or can she ever really break free from the cultural scripts that are thrust upon her?

Keywords: Feminine Performance, Judith Butler, Agency, Gender Roles, Feminist Theory, Identity, Conformity vs. Rebellion, Sexual Liberation, Societal Expectations, Female Autonomy.

Introduction

“Feminism is the radical notion that women are people.” — Marie Shear

What is femininity? Can it be performed? If yes, then how and why? These are the critical questions and provocations that a feminist fiction must confront and compel its readers to examine. The performance of femininity has become a central idea in modern feminist discourse for comprehending gender roles and identity. The conventional view of gender as an intrinsic trait is called into question by Judith Butler's seminal theory of performativity (1990), which suggests that gender is a socially produced performative act.

Throughout history, women have always been active performers who navigate and negotiate the roles that are allocated to them within patriarchal frameworks, in addition to being the objects of cultural expectations. Women's performances of femininity have been as much about conformity and survival as they have been about subversion and resistance, from the ancient Indian epics to contemporary political arenas. The characters of Sita and Draupadi offer early and enduring instances of women's complicated performances in ancient Indian literature like the Ramayana and the Mahabharata. In the Ramayana, Sita, Lord Rama's consort, is frequently seen as the epitome of perfect femininity—loyal, innocent, and committed. However, Sita's ability to act morally is put to the test several times during the epic. The idea that purity is a woman's only virtue is ultimately called into question when her



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kidnapping by Ravana compels her to play an ever-more-complex story of loyalty, sorrow, and redemption. Sita complies with Rama's demand that she be put to the test by fire in order to demonstrate her purity and chastity, which is both a critique of patriarchal rules that push women into impossible conditions of proof and a performance of her social function. In the same way, the main female character in the Mahabharata, Draupadi, embodies a whole other kind of femininity that is intertwined with agency, power, and vengeance. In a story that highlights the brutal reality of patriarchal power structures, Draupadi is both a victim and an avenger. Her public humiliation during her disrobing in the Kuru court and her subsequent defiance of her attackers demonstrate how women's performances frequently take place at the nexus of resistance and suffering. The notion that women should tolerate injustice in a passive manner is challenged by Draupadi's forceful response to her attackers; rather, she reinterprets femininity as a strong force that can combat social violence.

In ancient Greek mythology, Medea and Antigone represent opposing reactions to social pressures. After Jason betrays her, Medea, who was once a devoted wife, becomes vindictive and kills to express her agency in a society that restricts women's power. Antigone, on the other hand, becomes a martyr by burying her brother, defying both gender and legal standards. The subject of whether women may have actual agency in patriarchal settings is raised by both characters' challenges to and compliance with social norms.

Furthermore, Literature portrays Cleopatra's femininity as a purposeful presentation of influence and power. She is shown as a master of self-presentation in Shakespeare's *Antony and Cleopatra*, using intelligence and sexuality to control those around her. Judith Butler's idea of gender as performative (Gender Trouble) is best illustrated by Cleopatra's use of charm and theatrics, which demonstrates how she uses femininity as a political instrument. Her skill to maneuver through patriarchal power structures is seen in her strategic and romantic connections with Caesar and Antony. This well-executed performance exposes femininity as a construct that can be used as a tool to gain power and autonomy.

In more recent contexts, individuals such as Kamala Harris represent yet another intricate manifestation of femininity. Harris negotiated the nexus of race, gender, and power as the first female and woman of color elected vice president of the United States. She was continuously criticized for not only her policies but also for her appearance, speech, and



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manner, qualities that are usually racist and gendered, making her performance a balancing act between the public and private domains. The persistence of women's performances is called into doubt by Harris' ascent to prominence. To what degree does achieving political power require a woman to adhere to established gender norms? Does her success imply that women in leadership roles have to give up certain facets of who they are in order to be legitimate, or are they able to fully express both their gender and their agency? These issues are similar to those brought up in ancient texts' performances of femininity, where the body of the woman serves as a site of social control and authority, and the personal is always political. The question still stands in each of these situations: is a woman's rebellion always framed within the exact systems she is trying to undermine, or can she ever really break free from the cultural scripts that are thrust upon her? Performing femininity is a continuous process that entails both accepting and rejecting social conventions, as seen by the performances of Sita, Draupadi, Medea, Antigone, and Kamala Harris. These intricate screenplays have traditionally required women to play a variety of characters, from helpless victims to proactive changemakers. These performances' fluctuating and perhaps conflicting qualities highlight the fluidity of gender itself, demonstrating that women actively participate in creating and dismantling social norms rather than only being the objects of them.

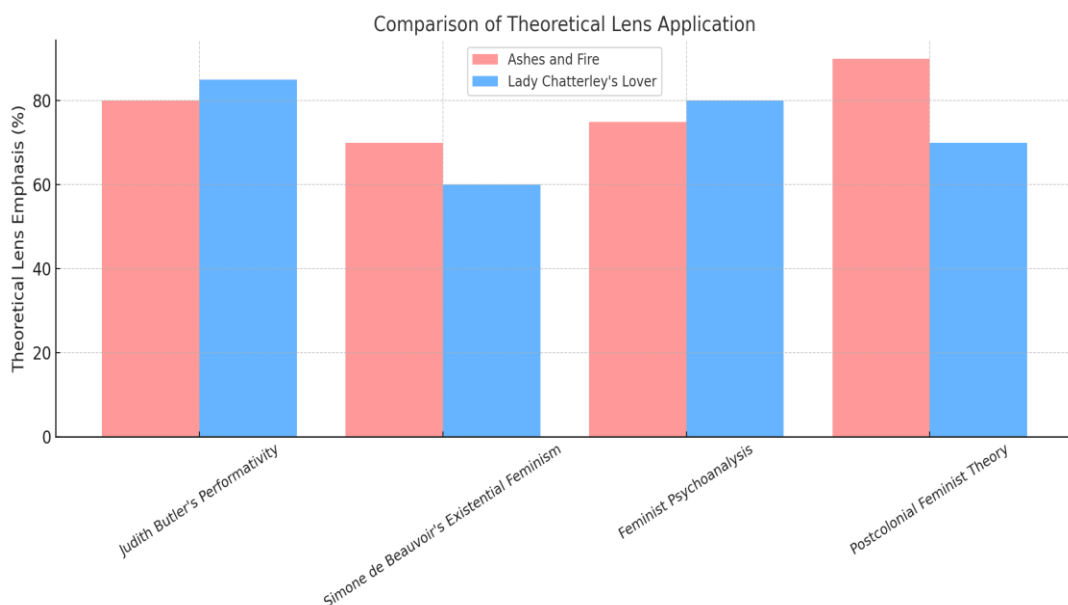
Femininity is inherently not objective but subjective. The concept of femininity has nothing to do with how society or an organization defines it; rather, it is limited to the individual. Every individual has their own concept of femininity; therefore, the idea of femininity can never be confined to a box. It must be harshly condemned if anyone, other than the individual themselves, attempts to dictate or shame someone for their expression of femininity. And since society is still operating on low standards, where an individual is often reminded to shape and twist their idea of femininity, it has resulted in forcing individuals to perform femininity as society dictates rather than how they wish to express it. This has created a fraction, a stark division in individuals, generally and especially in women, who have been learning the idea of femininity from their ancestors and teaching the same to the upcoming generation, making them hybrid. Therefore, when a woman emerges who knows what her idea of femininity is and remains true to it, society sees her as a threat and forces and degrades her into fitting the role of a mere performer, rather than a woman.



Infused with the idea of feminine performance, the novels *Ashes and Fire* by Vikas Sharma and *Lady Chatterley's Lover* by D.H. Lawrence both explore women's responsibilities within cultural and sexual frameworks. By concentrating on Suvidha and Constance, the main characters in these books, the study explores how their portrayals of femininity both meet and defy social norms, frequently exposing a conflict between social compliance and individual defiance.

Theoretical Framework

This study uses four important feminist theoretical frameworks to examine how femininity is performed in the selected novels, *Ashes and Fire* and *Lady Chatterley's Lover*: The following graph displays a comparison of the application and emphasis of these theoretical lenses across both works, highlighting the percentage of focus given to each theory in the analysis.





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1. Judith Butler's Theory of Performativity

According to Butler's work, gender is a performance that is performed over time to create the appearance of a stable identity rather than a biological actuality. Butler asserts that "gender is a kind of doing, an act, a repetition of norms" (Butler). The way Suvidha and Constance carry out their gender roles in the face of social expectations will be examined through the prism of this philosophy.

2. Simone de Beauvoir's Existential Feminism

As de Beauvoir eloquently states in *The Second Sex* (1949), "One is not born, but rather becomes, a woman." According to this existential viewpoint, femininity is not an inherent quality but rather a social construct. The female protagonists' battles with social expectations are interpreted via this perspective as existential attempts to define themselves free from patriarchal restraints.

3. Feminist Psychoanalysis

The study will employ feminist psychoanalysis, namely the research of Jacqueline Rose and other scholars, to examine how the characters' close connections mirror more profound psychological dynamics of repression, power, and desire. Women's performances of femininity are influenced by both inner psychological processes and exterior society conventions, as the psychoanalytic framework will assist in explaining.

4. Postcolonial Feminist Theory

Postcolonial feminist theory will provide light on how social, cultural, and colonial roots shape femininity in a globalized world by drawing on thinkers such as Chandra Talpade Mohanty and Gayatri Spivak. While Constance's experience illustrates how class and gender overlap in a colonial society, Suvidha finds that the junction of class, caste, and gender challenges her portrayal of femininity.



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Performance of Femininity in *Ashes and Fire*

The novel *Ashes and Fire* by modern Indian novelist Vikas Sharma delves into the finer points of interpersonal relationships and the forces of society. Known for his psychological depth and subtle approach to character development, the author explores themes of gender roles, identity, and autonomy. Suvidha, the protagonist of *Ashes and Fire*, is a fascinating and multifaceted figure. Suvidha, a postgraduate English literature student, was greatly impacted by her father, Seth Deena Nath, an ardent Arya Samaj supporter. His uncompromising principles helped Suvidha become a self-assured, intelligent lady who was ready to eventually pursue a Ph.D. Suvidha's life was anything but simple, even with her academic achievements and the freedom her father granted her. Often characterized as mesmerizing, Suvidha's beauty turned into a source of vulnerability as well as strength. Her charisma and glowing attractiveness attracted attention, but they also kept her in a loop of shallow relationships. She married Samyak, a young engineer, and appeared happy after starting a family, but she was saddened by his untimely death. Lonely and grieving, Suvidha turned to a string of short-lived relationships for comfort. Despite her charm and intelligence, she battled a cycle of lusty relationships and never found the emotional fulfillment and love she sought after her spouse passed away.

Her journey is characterized by an ongoing battle to balance her own desires with the strict social expectations placed on her. Suvidha finds herself torn between her own developing sense of self and the cultural pressure to conform to a traditional ideal of femininity. She has always been performing, as her father or society wanted her to perform, as a traditional woman. But the only time she decided to break free from all of it and not perform, but rather be herself, society dragged her down. Several questions are brought up by this tension: Who is considered a "traditional" woman, and what traits or actions are connected to her? Is femininity a fluid, multidimensional term that goes beyond these dichotomies, or can it really be split into tradition and modernity? Is Suvidha destined to live a life of internal struggle, or can she reconcile her traditional background with her modern desires? Suvidha's changing self-perception ultimately emphasizes the difficulties of adapting one's sense of femininity in a society that sends contradictory signals about what it means to be a woman. Seeing her struggling only to be what she is, often feels like that to be a woman is to perform, to



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constantly balance between strength and softness, to be judged before being understood. It is to carry the weight of invisible labor and to wear roles like a second skin—effortlessly and endlessly. Her personality is a result of her surroundings as well as a force that opposes them. Suvidha is portrayed by the author as a woman who makes an effort to exercise her agency despite facing significant emotional and social obstacles, rather than as a helpless victim of patriarchal systems. Her disobedience of being engaged in multiple sensuous affairs after her husband's death is not without repercussions, as she is continuously criticized and shunned.

Vikas Sharma writes:

"Now the second God asked her- 'Are you pure physically? Do you regard yourself a perfect woman? What is your concept of womanhood? These three questions shattered her nerves as she had failed to control her passions after the death of Samyak. How could she tell a lie as she had sexual relations with Ganesh Salil, Shivendra, and Dr. Vinod Grover? Again, she failed to reply to the question.'"

— Ashes and Fire, p. 188

This section of *Ashes and Fire* is essential to comprehending the protagonist's internal struggle between her personal experiences and society's expectations of womanhood. The patriarchal beliefs that determine a woman's value based on her physical attributes, moral conformity to conventional notions of womanhood, and purity are reflected in the three questions that she has been asked. These questions serve as an interrogation not only of her sexual behavior but of her entire identity as a woman. The protagonist's failure to respond indicates her inability to reconcile her lived experiences with the rigid, patriarchal standards imposed upon her. The protagonist's inability to "perform" idealized femininity—purity,



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chastity, and control over passion—shatters the illusion of stable identity. Her failure to conform is an act of resistance to the very script she is expected to perform. Moreover, Simone de Beauvoir's existential feminism, which posits that "one is not born, but rather becomes, a woman," provides further insight. The mention of sexual relations with multiple men, and her shame in acknowledging them, underscores how women's sexual autonomy is often framed as a deviation from the idealized, monogamous image of femininity. Feminist psychoanalysis would delve into the psychological complexities underlying the protagonist's response, or lack thereof. The internalized suppression of desire and sexuality enforced by patriarchal norms might be understood as the trauma she experiences in response to these inquiries. Her incapacity to react highlights the emotional toll that these expectations have on women by reflecting the guilt and shame that have been absorbed through years of brainwashing. Furthermore, this part is consistent with postcolonial feminist theory, which may be applied to analyze how the protagonist's portrayal of femininity intersects with gender, class, and cultural identity. The pressure to live up to the ideal of moral perfection and purity is ingrained in societal and cultural narratives and is not just a personal struggle. Her refusal to fit in could also be interpreted as a critique of the patriarchal and colonial structures that still influence women's identities globally. This passage thus serves as a microcosm of the protagonist's larger struggle with femininity—caught between personal desire and societal expectation, autonomy and repression. It highlights the idea that femininity is a dynamic, frequently conflicting performance influenced by both internal and external factors rather than a set identity.

"Perhaps she had become a nymphomaniac as she needed a robust man once a week. But alas! Sincerity and faithfulness are missing in both the partners, and hence life has become a fraud, another name for simulation! Out of hunger, she took unhealthy decisions in the last ten years. Was she a river that had become a tyrant for her banks?" (Sharma 167).



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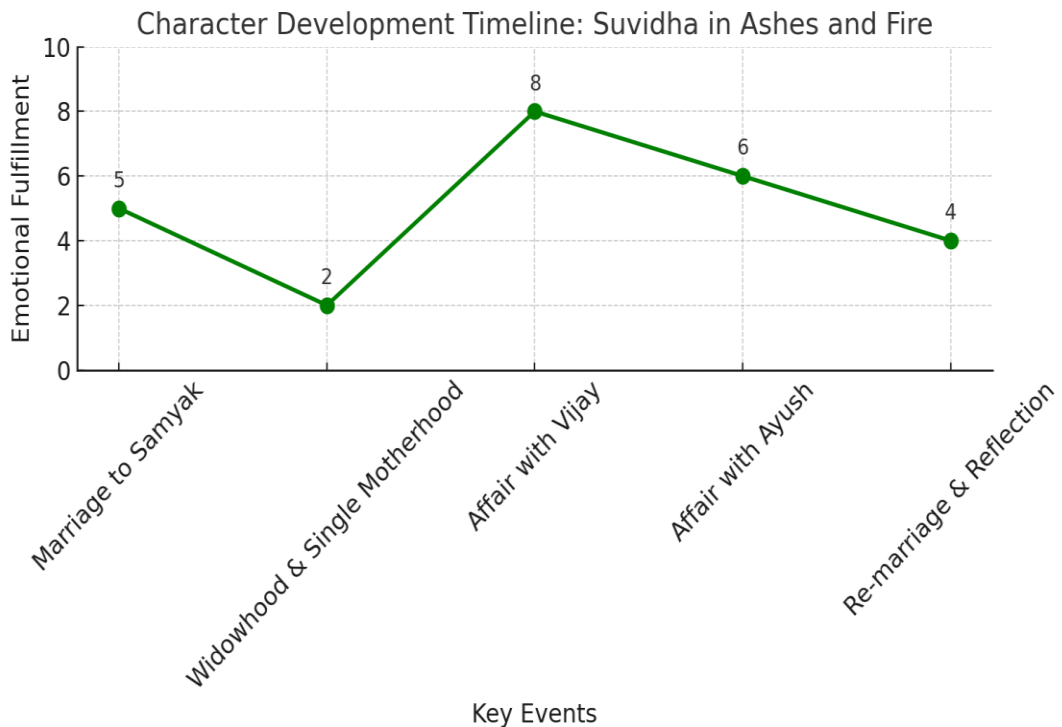
In this quote, the novelist presents Suvidha as a woman trapped in a cycle of unfulfilled desires and emotional emptiness. The use of the term “nymphomaniac” underscores her obsessive need for physical intimacy as a substitute for a deeper emotional connection. The absence of sincerity and faithfulness in her relationships reflects her inner turmoil and the lack of true love in her life. The metaphor of the river turning into a tyrant for its banks implies that Suvidha, who was once a free spirit, is now controlled by her own ravenous cravings, signifying her emotional decline and the disastrous results of her decisions.

"She was at liberty to enjoy Champagne, Vodka, or Shaw Wallace whisky at any time. But then loneliness marred the whole joy. She laughed a lot at her own fate cleaning the dirty mirror. Often she felt shame at her own conduct. The major who had betrayed her: Ayush or her fate?" (Sharma 168).

The author emphasizes Suvidha's internal struggle and self-disgust in this section. Even while she is allowed to enjoy material pleasures like alcohol, her emotional loneliness makes it clear that she cannot find fulfillment in these things. Now, here she might be performing as well in order to fit in with the society of class. Although she is stuck in a vicious cycle of self-loathing, the act of "cleaning the dirty mirror" represents her attempt to rid herself of the shame and guilt associated with her own deeds. Now, it must be understood that she feels guilty and ashamed of her engagement with physical pleasures only because, according to the society or household in which she was raised, it is considered morally wrong or a taboo subject. Suvidha's profound confusion and incapacity to balance her wishes with the results of her decisions are demonstrated by the rhetorical question at the end: whether Ayush or fate has betrayed her. This portrays Suvidha as a victim of both her own choices and the uncontrollable forces of life. The novel's overarching theme—that women must perform femininity, that simply means to be like Sita, and not like Draupadi, within the strict parameters of society—is reflected in Suvidha's internal conflict. However, it is unclear whether Suvidha will ever be able to break free from these roles or whether her actions are just another performance within



a patriarchal framework. In this way, Vikas Sharma explores the intricacies of female autonomy in a modern, patriarchal culture and challenges the constraints of gender norms through Suvidha's character.



Through significant life events, including her marriage to Samyak, widowhood, numerous affairs, and remarriage, the graph charts Suvudha's emotional contentment. Her effort to strike a balance between her independence and sexual wants and the expectations of society regarding femininity is reflected in these swings. Suvidha's emotional evolution is characterized by both turmoil and moments of empowerment, which makes her journey a



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powerful representation of femininity as a performance in reaction to both personal and societal demands.

The novelist concludes the novel by writing;

"Gone are the days when a woman was regarded as Abba, weak in all respects. Instead, she has evolved into a Sabla who knows how to defend herself and create history" (Sharma 195).

This closing line portrays the act of performance as a transformative journey for women, moving from a state of passive weakness to active empowerment. The shift from *Abba* (helpless) to *Sabla* (strong and capable) symbolizes not only the evolution of individual women but also a broader societal change. It emphasizes that women, once confined to traditional roles, have learned to assert themselves and take control of their destiny. The use of "defend herself" and "create history" highlights the agency and autonomy women have developed in the modern world.

Suvidha's journey is marked by her confrontation with societal norms that define femininity in terms of marriage, motherhood, and sexual subjugation. Her interactions with men are presented in patriarchal settings early in the book, where she is expected to be feminine in order to maintain her social standing. These expectations are challenged by Suvidha's sexual and emotional awakening by the end of the work, which positions her as a woman who performs femininity in ways that she desires and frequently defies conventional norms, all the while staying entwined in the social structure.

Performance of Femininity in *Lady Chatterley's Lover*

In addition to its graphic sexual material, D.H. Lawrence's *Lady Chatterley's Lover* (1928) is regarded as one of the most contentious books in contemporary English literature because of its bold examination of the complicated relationships between gender, sexuality, and class. The protagonist, Constance Reid, is at the center of the story. Her transformation from a



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submissive, repressed wife to a free woman is presented as an examination of how femininity is performed in connection to her inner aspirations and the exterior demands of society.

Lawrence examines the performative elements of femininity through Constance, highlighting the conflict between the possibility of individual sexual and emotional liberation and the traditional roles that are imposed on women. The idea of femininity as a "performance" was widely debated by theorists such as Judith Butler, who proposed that gender is an identity that people "do" through repeated performances rather than an innate characteristic. From her marriage to Sir Clifford Chatterley to her eventual sexual relationship with the gamekeeper, Mellors, Constance's development in *Lady Chatterley's Lover* can be examined through the performative lens, where her identity as a woman is molded by her reactions to the patriarchal structures in her environment.

Constance's marriage to Sir Clifford, a man whose physical impotence—caused by an injury sustained during World War I—makes her function as a wife, one of social and emotional obligation rather than sexual fulfillment, is a major factor in shaping her femininity at the start of the book. Constance first plays the stereotypical role of the obedient wife, repressing her impulses in order to take care of her husband, because that's what women have been doing, but her inner life betrays a great deal of discontent. She subtly carries out the duties of a loving wife, conforming to social and class norms, but her emotional and sexual needs are not met. Constance's passionate affair with gamekeeper Mellors marks the turning point in her life. Beginning with this encounter, Constance rebels against the role of the submissive, selfless lady she had been taught to play. Constance becomes a woman who consciously chooses her needs over social norms as a result of her sexual experiences with Mellors. Now, fulfillment of her needs is what her idea of femininity demands, rather than serving her man. Constance's portrayal of femininity undergoes a dramatic change from submission to assertion as she transitions from a woman bound by status and marriage to one who celebrates her own sexual liberation. Via the affair in which she indulges herself, she breaks free from the performance of traditional femininity. Constance's sexual awakening can be interpreted as a critique of the cultural norms around femininity as well as an act of self-empowerment. Constance's relationship with Mellors is marked by open sexual exploration and emotional intimacy, in contrast to her relationship with her husband, where her impulses are suppressed. Her choice to have an affair with Mellors highlights her agency in creating her own identity outside of

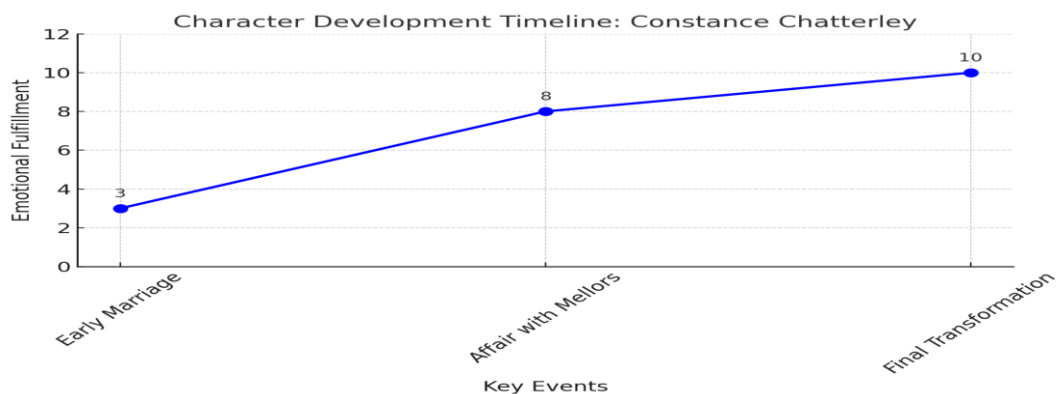


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the confines of her marriage and class, while also challenging the traditional role of the woman as a passive recipient of male desire. Constance's sexuality is complicatedly portrayed by Lawrence, who emphasizes how closely related emotional and physical fulfillment are. Constance's affair with Mellors symbolizes her understanding of what it is to "be" a woman, even though it is also an act of rebellion against her husband and society's moral standards. According to the novel, a true connection with one's own body and desires—unmediated by the conventional patriarchal assumptions of female subordination—is necessary for the honest portrayal of femininity. Constance's function in *Lady Chatterley's Lover* and her importance in relation to Lawrence's larger critique of class, gender, and sexuality have long been topics of discussion among academics. Constance's rebellion, according to some critics, is overly centered on sexual liberty, possibly reducing her to a vehicle for Lawrence's examination of sexual politics rather than a fully formed person with complex emotions and intelligence. One of the harshest critiques of *Lady Chatterley's Lover* came from F.R. Leavis, who dismissed the novel's portrayal of women's desires as "vulgar sensationalism" that reduces women to mere instruments of physical gratification, rather than presenting their inner complexities and intellectual capacities. This critique reflects the patriarchal mindset of his era, where women's desires were dismissed rather than understood. By reducing female agency and sensuality to mere vulgarity, such criticism reinforces the societal discomfort with acknowledging women as complex beings with their own wants and needs.





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The aforementioned graph illustrates Constance Chatterley's emotional satisfaction at significant points in D.H. Lawrence's *Lady Chatterley's Lover*. Her early, limited marriage, her affair with Mellors, and her eventual emotional metamorphosis are all chronicled in the chronology. Her experiences with desire, sexual liberation, and personal development challenge conventional notions of femininity, as evidenced by the rising curve in emotional fulfillment. This represents a substantial shift from the traditional roles of women in early 20th-century English culture.

The fact that Constance's development into a sexually free woman is almost entirely defined within the parameters of her relationship with Mellors is one of the most important critiques of her character. *"Constance is never truly free from the weight of her desires and societal expectations; even her supposed liberation is tied to the desires of a man,"* writes John Wiltshire in his article *D.H. Lawrence's "Lady Chatterley's Lover"*: Critics like Wiltshire believe that Constance's journey is a critique of the limits of sexual liberty when it is still defined by a relationship to masculine desire.

Constance's affair with Mellors, however, is seen by some feminist academics as a bold act of resistance. According to Jane S. Ussher in *Feminism and the Politics of Sexuality*, "Constance's sexual awakening is the ultimate rejection of patriarchal control over her body." She regains her agency as a woman by choosing sexual pleasure on her own terms, independent of her husband's demands. Ussher's interpretation situates Constance within the framework of feminist theory, presenting her as an active contributor to the construction of her own femininity rather than a passive victim of male desire. However, there are criticisms of Constance's character even in feminist interpretations. According to some academics, Lawrence minimizes her intellectual agency by idealizing her subjection to Mellors. In D.H. Lawrence's *Lady Chatterley's Lover*, L. L. Ray writes in *The Dialectics of Desire* that "Constance is presented as intellectually passive, with her agency defined almost solely by her sexual submission." Her character's range and complexity are constrained by this portrayal.

Constance and the Question of Class

The question of class is another significant aspect of Constance's portrayal of femininity. Constance's interactions with Mellors emphasize the conflicts between sexual freedom and



social class more and more as the book goes on. Constance, who was born into a wealthy family, has to balance her need for sexual and emotional fulfillment with the restrictions placed on her by her position. In a society based on hierarchical inequalities, her romance with Mellors, a working-class person, reveals the ingrained class differences that limit emotional and physical intimacy. In this instance, the presentation of femininity involves negotiating the interlocking dynamics of class, gender, and power in addition to sexual autonomy. Lawrence makes the argument in *Lady Chatterley's Lover* that status, gender, or social expectations cannot limit natural femininity. He suggests through Constance that a woman can only genuinely find mental and physical fulfillment by removing the layers of societal convention. However, the novel also implies that the quest for sexual liberty is not without its own set of difficulties, especially when it is framed inside society.

The degree of Constance's agency is still up for debate among academics; some criticize her representation as flat, while others contend that her trip is a radical declaration of autonomy in a society that is firmly patriarchal. Similarly, Constance finds herself torn between her genuine impulses and the theatrical demands of womanhood. Although she first plays the part of the obedient wife, her connection with Mellors shows that she wants emotional and sexual independence. Although Constance's social and sexual awakening frames her journey from subjugation to empowerment, it is still unclear whether her liberation from social expectations is genuinely liberating or if it merely serves to uphold the patriarchal order by placing women's sexuality at the center of the male gaze. Though their behaviors show a complicated tension between resistance and conformity, both women perform femininity in response to external expectations.

Femininity as a Response to Societal Expectations

Lawrence captures this through Constance's internal conflict:

"She had to accept the suffocating limitations of being a wife and a woman, bound to him in a loveless, sexless marriage, her own desires irrelevant, squashed beneath the weight of duty"
(Lawrence 52).



This excerpt illustrates how, especially in patriarchal structures, societal expectations that place a woman's responsibility above her personal wishes frequently define femininity in the context of marriage. Constance puts her personal identity on the sidelines in order to fulfill the demands of her duty as a wife. But Lawrence also emphasizes Constance's realization of this social construct's shortcomings. She starts to doubt the restrictions placed on her as she looks for fulfillment outside of being a wife and mother.

Lawrence writes:

"She was a woman in search of her own self, and in search of her own complete fulfillment, something to awaken her body, and to cast off the illusion of the conventional wife" (Lawrence 131).

At this point, Constance starts to see that being a woman is a function that she has been made to play rather than an innate quality. She is able to embrace her sexual and emotional autonomy and escape the constraints of society through her connection with Mellors. Constance undergoes a significant change in her perception of femininity as a result of her liaison with Mellors. Lawrence captures this change when he writes:

"For the first time in her life, she felt the force of her own body as a woman. Her sex was her own, it was not a thing to be used by others, nor was it a thing to be denied or forced into unnatural submission" (Lawrence 204).

Constance's reclaiming of her body and wants is symbolized by this moment, which also signifies her break from the socially prescribed performance of femininity. She embraces a

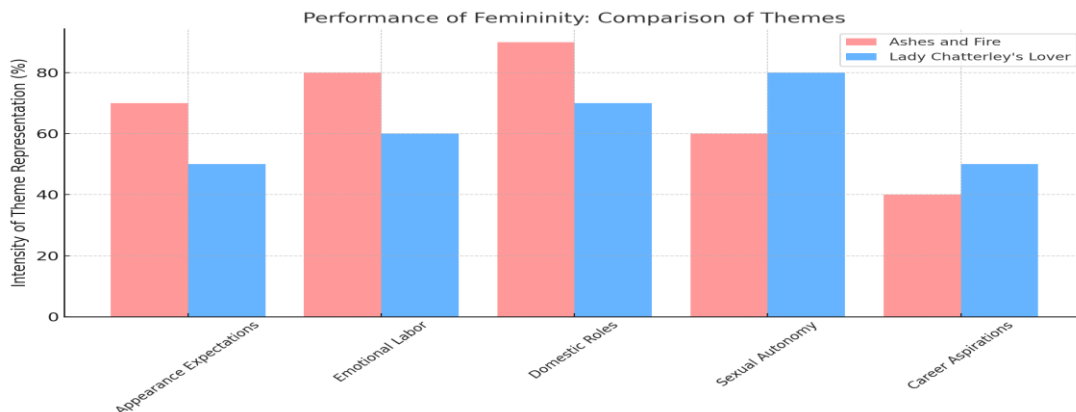


more genuine and independent expression of femininity and rejects the notion that gender is a function to be played for the benefit of others.

Whether sexual liberty actually emancipates women or if it only serves to uphold patriarchal norms is a major issue that is examined in both books. Sexual interactions are presented as acts of self-empowerment in both *Ashes and Fire* and *Lady Chatterley's Lover*, yet they are nonetheless shaped by the men that the ladies are having sex with. Although Constance's affair with Mellors and Suvridha's connection with her boyfriend seem to provide personal freedom, are they ultimately freed from patriarchal control? Or do they merely perpetuate the idea that women are sexual objects who exist to satisfy men's desires? The intricacy of female identities is emphasized in both books, especially in light of the various roles that women are required to play. Constance and Suvridha are not static characters; their relationships, desires, and social roles all influence their femininities. This diversity supports the claim that femininity is a continuous negotiation of individual agency under social and cultural norms rather than a single performance.

The ongoing redefinition of womanhood is an important subject that both works tackle. How is the performance of femininity continuously reshaped by societal expectations? Both books imply that although women can question established gender norms, they must do so within a dynamic framework that precludes total liberty. As a result, their revolt frequently finds itself defined inside the parameters of the structures they are trying to undermine.

Conclusion





This graph illustrates how *Ashes and Fire* emphasizes **appearance expectations** (80%) and **domestic roles** (90%), aligning with Judith Butler's concept of gender as a repetitive societal performance (*Gender Trouble*, 1990). Conversely, *Lady Chatterley's Lover* foregrounds **sexual autonomy** (80%), reflecting Simone de Beauvoir's assertion that femininity is a construct shaped by existential freedom (*The Second Sex*, 1949). The lower focus on **career aspirations** in both highlights patriarchal limitations, aligning with Jacqueline Rose's feminist psychoanalytic critique of repression and desire (*Sexuality in the Field of Vision*, 1986). This proves that while both novels critique societal constraints, *Ashes and Fire* remains rooted in traditional roles shaped by cultural intersections, whereas *Lady Chatterley's Lover* challenges these norms through a lens of personal liberation.

The performance of femininity is a complicated and multidimensional act in both *Ashes and Fire* and *Lady Chatterley's Lover*, influenced by social standards, personal wants, and the junction of cultural, sexual, and social expectations. The main characters, Suvidha and Constance, demonstrate the complexity of female agency under patriarchal systems by performing femininity in ways they want, which also goes beyond the conventional dichotomy of compliance versus revolt. This paper has examined how both characters deal with their duties as women through the prism of feminist theory, raising the question of whether their rebellion can ever break free from the cultural norms that are placed upon them. The answer is complex: although Suvidha and Constance question and defy the roles that have been assigned to them, their rebellion is always contextualized inside the power structures that they are trying to oppose. As a result, their portrayals of femininity are never just acts of resistance; rather, they are inextricably linked to the very systems they are trying to challenge. In the end, this study highlights the conflict between personal agency and cultural expectations, arguing that exhibiting femininity is a constant negotiation influenced by both internal and external factors rather than a single act of disobedience.

In conclusion, this paper itself becomes an act of resistance and empowerment, uplifting the idea of femininity as a dynamic, self-determined identity. It aims to assert that no individual, no society, no culture, and not even another woman holds the authority to dictate how a woman should perform her femininity. To define femininity is a woman's personal choice, an intimate act of self-expression that must remain unbound by societal expectations or



Blue Ava Ford Publications

International Journal of Trends in English Language and Literature (IJTELL)

An International Peer-Reviewed English Journal; ISSN:2582-8487

Impact Factor: 8.02 (SJIF); www.ijtell.com Volume-6, Issue-2; April-June(2025)

cultural norms. This work stands as a reminder to the world that its attempts to regulate or constrain femininity are futile and unjustified. As Simone de Beauvoir aptly stated, “*One is not born, but rather becomes, a woman*” (Beauvoir 301).

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